



# Information Session

for

## Form 1 Parents

Thursday 22nd January 2026 at  
7pm



# Purpose of the Meeting

- Getting ready for Post-Primary School
- Setting Up your VSware Account
- Information about Assessment Day – Saturday 7<sup>th</sup> February
- Subject Options - Deadline
- Uniform/School books/Calendar
- Digital Device
- Payzone

# Transition from Primary to Secondary School

It can be an **EXCITING** but also **DAUNTING** prospect for both **PARENTS** and **PUPILS**!

Parents can help in the following ways:

- Talk to your child and try to understand their concerns
- Create a lifestyle timetable which has good sleep hygiene (8 - 10 hrs)
- Clear boundaries on Mobile Phone & Social Media use
- Help them to understand their timetable and plan for the day ahead
- Help them get organised with the correct books, copies and equipment for each subject (fully charged Chromebook)
- Support them with their homework
- Take an interest in their school life, school projects, friends etc...

# Form 1 Induction Programme

- **First day:** Friday 21st August 2026 (Provisional)
- Modified 'Induction' timetable for the first two days
- Tour of the school with Form 5 Mentors
- Bring a notepad/copy, pens & Chromebook
- They will also be allocated a Locker.

Time  
has a wonderful  
way of showing us  
what really matters.

## What the day looks like.....

- 08:40 Be at your locker to get books organised.
- 08:45 TUTOR TIME (12 minutes)
- 08:57 Two 58 minute classes
- 10:53 BREAK (20 minutes)
- 11:13 Two 58 minute classes
- 13:09 LUNCH (40 minutes)
- 13:49 Two 58 minute classes
- 15:45 SCHOOL FINISHES (Mon – Thurs)
- 13:09 SCHOOL FINISHES (Fri)

# Class Groups & Subjects

## 10 Exam Subjects

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**8 Compulsory Subjects:** English, Irish, Mathematics, History, Geography, French, Science, Business Studies

**2 Subject Choices:** Students will select 2 subjects from the list below, in order of preference:  
Graphics, Music, Home Economics, Applied Technology, Visual Art

**Deadline** - Thursday 5<sup>th</sup> February 2026.

## Non-Exam Subjects

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**3 Wellbeing Subjects:** Social, Personal, Health Education (SPHE)  
Civic, Social and Political Education (CSPE)  
Physical Education (PE)

**2 Other Subjects:** Computer Studies  
Religious Education

# ASSESSMENTS – Saturday 7<sup>th</sup> February

**Cognitive Abilities Test (CAT) 4**, The results of these tests will comment on your son's/daughter's verbal, spatial and numerical (quantitative) abilities. This allows the school to establish a student's learning style, learning differences they may have and their strengths or areas for development.

- 2 Hours in Duration  
**Group One** – 08:45 – 10:45 and **Group Two** 11:00 – 13:00
- Some Water

# Hot Food Facility

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Hot Lunches are available Monday - Thursday

## Sample Menu 2025-2026

- Chicken Curry & Rice with Naan Bread
- Lasagne with Potato Cubes & Garlic Bread
- Pasta Bolognese or Chicken Pasta with Garlic Bread
- Chicken Kiev/Southern fried chicken with Potatoes & Vegetables

# Uniform & Books

**Full Uniform** required by all students:

Crested Blazer & School Jacket to be purchased from the main school supplier - Singer Sewing Cavan.

Please ensure that all uniform items are labelled.

Full list of uniform items on school website.

**PE Uniform:**

Crested Quarter-Zip Training Top & t-shirt (can be collected from School in August)

Plain black/navy tracksuit bottoms.

Schoolbook grant will be available for all Form 1 students. Further information on school website. There will be small miscellaneous items for you to provide.

**Parents' Association** normally organise a second-hand uniform sale in June in the school, more details will follow.



## PERMITTED FOOTWEAR EXAMPLES

Leather slip-ons/with laces



## NOT PERMITTED FOOTWEAR EXAMPLES

Brand logos/Gel Soles/Canvas



## Ordering RSC PE Uniform

1. Go to O'Reilly's Sports Website -  
<https://oreillysofficial.com/product/royal-school-cavan-bundle/> **OR** Call Kelsey on **0851714328**
1. Click on the Royal School Cavan Bundle Option(€50)
1. Select size required for both t-shirt and top.
1. Initials are strongly recommended (No Extra Cost).





WELCOME TO THE  
ROYAL SCHOOL CAVAN

royalschoolcavan.ie

[Return to School 2025/2026](#)[School Calendar 2025/2026](#)[Booklists 2025/2026](#)[Form 1 \[2026/2027\]](#)



## Parent Dashboard



## Welcome to the Dashboard

This page is your one-stop-shop to view live notifications on your student's attendance, behaviour, reports and more. If you want to explore further, click into your student's profile.



## Your Students



## Your Contact Details

Telephone: 0



## Notifications

Nothing to report!

Notifications related to your students will appear here when available.

## Student Profile



Pick an area to explore



### Attendance

Monitor your student's attendance at a glance, view records from an entire year or specific lesson.

[Learn More →](#)

### Assessment

View your student's full academic record, track progress over time and download term assessments.

[Learn More →](#)

### Behaviour

Keep track of your student's behaviour, monitor progress & teacher feedback.

[Learn More →](#)

### Timetable

View your student's timetable, see realtime data for which lesson they are in at any given time.

[Learn More →](#)

### Personal Info

Overview of your student's key info. Ensure that this is up to date.

[Learn More →](#)

### Fees

Overview of school fees for the year, pay directly via card online.

[Learn More →](#)

### Student Options

Submit next year's subject preferences directly to the school.

[Learn More →](#)

# PAYZONE

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By having the EPP online payment facility, the school can take payment for any school expense such as:

Locker & Insurance – (€35)

Services Fee

- Games,
- ICT support
- Photocopying
- Standardised Testing
- VSware
- EPP

One Child €200, Two Children €350, Three or more children €450

Hot Lunches

School Tours

School Materials

# Any Questions?





THANK YOU

We look forward to working in  
partnership with you to help your  
son/daughter reach their full potential